



EAST SHORE FOCUS CENTER

759 E PACIFIC DRIVE, American Fork, UT
801-610-8285

Instagram: @ East_Shore_Focus_Center
Website: focuscenter.alpineschools.org

OCTOBER 1, 2020

FOCUS CENTER

Social, Emotional, and Wellness Classes:

- Mindfulness
- Self-Awareness and Management
- DBT Skills
- Book Club
- Yoga Club

* Attention: times and days are listed on our website. Please check it out.



HOURS OF OPERATION:

Monday	10-3:30pm
Tues/Thurs	9-4:40pm
Wed/Friday	9-3:30pm

FOCUS CENTER DATA:

Since August the Focus Center students have completed over **40 curriculum units**.

We are proud of their hard work and perseverance.

EASTSHORE PARENT ACCOUNTS

A great way to assist your student in being successful online is creating a parent account to observe the progress your student has made. Follow these instructions to create your own parent observer account:

- 1) Go to eastshore.alpineschools.org
- 2) Click on **Main Menu**
- 3) On menu to left, click on **Parent Observer Accounts**
- 4) Complete the **Request Form**

DIRECTOR'S MESSAGE:

Hello Focus Center Stakeholders,
Let me take a minute to introduce myself. I am Kristopher Packer, the new Director of the East Shore Focus Center. Having worked in the Alpine School District for 29 years, I love to advocate for students and their success. My educational career began as a visual arts teacher for 17 years and have been an administrator for 12 years. I look forward to working with our Focus Center students and their families.
Take care, Kristopher

****NEW****

East Shore Online
Math Lab

Every FRIDAY from
12:30-2:30pm
(ESO math curriculum only)

FALL BREAK: OCTOBER 15-16, 19, 2020
(Focus Center Closed)