

LEHI WINTER ATHLETICS TRYOUT INFORMATION

2021-22

Parents/Guardians,

Please see the following information regarding Lehi High School Winter Athletics.

Lehi High School Winter Athletics Tryout Information

All 9-12th graders interested in participating in Winter sports, please see the information below. Winter sports are: Girls & Boys Basketball; Girls & Boys Wrestling; Girls & Boys Swimming. Information on each sport is below the participation requirements.

PARTICIPATION REQUIREMENTS

Athlete Registration

All athletes will need to register with registermyathlete.com. If you are a first time athlete or new to Lehi, then you will need to create an account with registermyathlete.com and **fulfill all the requirements prior to the first day of practice**. If you played a fall sport this year and your online paperwork is current, all you need to do is log on to registermyathlete.com and register for the Winter team you are trying out for. As part of the process, athletes and parents will need to fill out the following forms:

- Code of Conduct
- Anti-Bullying, Harassment and Hazing Form
- Agreement to Terms of Athletic Participation
- Physical form (must be filled out by a licensed medical professional)

Each form can be downloaded from registermyathlete.com..

Participation Fees

Each sport will present fee requirements at their team parent meetings.

Academic Requirement

Athletes must maintain a 2.0 GPA and are allowed only one failing grade per term to remain eligible to participate. **ALL ATHLETES MUST UPLOAD THEIR 1ST TERM REPORT CARD. 1ST TERM ENDS OCTOBER 12TH. PLEASE DO NOT UPLOAD YOUR REPORT CARD UNTIL AFTER OCTOBER 12TH.**

Contact Information

Co Athletic Director: Sean Yeager – syeager@alpinedistrict.org

Co Athletic Director Quincy Lewis – qlewis@alpinedistrict.org

Assistant to the Athletic Director: Ryan Goldsberry – rgoldsberry@alpinedistrict.org

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WINTER SPORTS

Swim

Head Coach: Alec Huff

Email: huffam45@gmail.com

Practice Schedule: Practices will be held at The Legacy Center at times arranged by Coach Huff.

Important Dates:

- Practices start: Sept 27, 2021
- Register My Athlete due: Oct 19, 2021

Wrestling

Head Coach: Dan Rice

Email: drice@alpinedistrict.org

Practice Schedule: Mon. – Sat @ Lehi High School Wrestling Room - Times: TBA

Important Dates:

- Practices Begin Nov 8, 2021
- Hydration Testing: Dates/Times TBD
- Register My Athlete due: Nov 8, 2021

Girls Basketball

Head Coach: Sean Seastrand

Email: sseastrand@alpinedistrict.org

Practice Schedule: TBA

Important Dates:

- Tryouts/Team Selection: (Nov 8th & 9th)

Nov 8, 2021

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- 9th-12th Grade - 3:00-5:00pm Main Gym

Nov 9, 2021

- 9th-12th Grade - 5:00-7:00pm Main Gym
- Practices Begin Nov. 10th(Wednesday) Times: TBD
- Register My Athlete due: Nov 10, 2021

Boys Basketball

Head Coach: Quincy Lewis

Email: qlewis@alpinedistrict.org

Vars/JV/Soph Practice Schedule: TBA

Important Dates:

- Tryouts/Team Selection: (Nov 8th & 9th)

Nov 8, 2021

- 9th-12th Grade - 5:00-7:00pm Main Gym

Nov 9, 2021

- 9th-12th Grade - 3:00-5:00pm Main Gym
- Practices Begin Nov. 10th(Wednesday) Times: TBD
- Register My Athlete due: Nov 10, 2021